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Complete Organic Fertilizer Recipe

4 parts alfalfa meal 1 part dolomite lime 1 part rock phosphate OR ½ part bone meal ½ part kelp meal

Recipe is by volume, not by weight. Combine ingredients in a suitable container with a tight-fitting lid. Mix well. Store in a cool, dark place.

To use:

Indoor planting:

- For moving up young seedlings
 - o Mix 1 cup of complete fertilizer in a dish tub amount of soilless mix
 - Mix ½ cup of complete fertilizer in a dish tub amount of soil with added compost

Outdoor planting:

- **For direct seeding**: make a deep furrow, sprinkle in the fertilizer, cover with some soil, sow seeds and cover with more soil.
- **For seedling transplants**: mix a handful of fertilizer into about a shovelful of soil below the seedling.
- For transplanting mature plants: mix 1 cup (250 ml) of fertilizer into the transplant hole along with some compost or well-aged manure.